# **SAMPLE ACTION PLAN**

Title V / Maternal and Child Health (MCH)



NOTE: This sample action plan is not related to one of the four MCH priority areas being funded, but is a state-level MCH priority area and provides an example of how to write/develop objectives and evidence- based, evidence-informed or promising practice strategies.

MCH Priority: Increase Preventative Dental Services to Children		
Objective An objective is a statement of intention with which actual achievements and results can be measured and compared.  Objective(s) must be written "SMART" – specific, measurable, achievable, relevant and time-phased.  Note: Your objective(s) may have different timeframes. If successfully selected as a Grantee, you will be funded for 5 years; hence, consider both short and long-term objectives.	Strategies and Activities Strategies and Activities must be linked to evidence-based, evidence-informed and/or promising practices.  Strategies are the general approaches taken to achieve the objectives.  Activities are specific actions to implement the strategies.  Note: Activities should occur between April 1, 2016 – September 30, 2017.	References used for evidence-based, evidence-informed and/or promising practices
<ul> <li>1a. Implement at least two strategies to increase medical/dental collaboration by September 30, 2017.</li> <li>1b. Increase by 10 percent the number of third grade children with dental sealants on permanent teeth by September 30, 2021.</li> </ul>	<ul> <li>Strategy 1a.</li> <li>Integrate oral health care into overall health care.</li> <li>Activities (October 1, 2015 through September 30, 2016):</li> <li>Facilitate discussions between medical and dental health professionals to determine areas for collaboration.</li> <li>Work with physician assistant, nurse practitioner and nursing programs, and medical schools to incorporate <i>Smiles for Life</i> into curriculums.</li> </ul>	Summary of the First Leadership Colloquium: Medical and Dental Collaboration, U.S. National Oral Health Alliance, 2011. <a href="http://usalliancefororalhealth.org/content/medical-and-dental-collaboration">http://usalliancefororalhealth.org/content/medical-and-dental-collaboration</a>

### SAMPLE ACTION PLAN

Title V / Maternal and Child Health (MCH)



**NOTE:** This sample action plan is not related to one of the four MCH priority areas being funded, but is a state-level MCH priority area and provides an example of how to write/develop objectives and evidence- based, evidence-informed or promising practice strategies.

## MCH Priority: Increase Preventative Dental Services to Children

 Improve oral health literacy among decision makers, medical providers, and the public by developing fact sheets, media campaigns, etc.

## Strategy 1b.

Leverage resources to expand the school-based sealant and fluoride varnish program.
Activities (October 1, 2015 through September 30, 2016):

 Contact partners to determine their level of interest to participate in the school-based dental sealant and fluoride program, such as safety net dental clinics, private practice dentists, Federally Qualified Health Centers (FQHC) and tribal entities. Preventing Dental Caries through School Based Sealant Programs, Updated Recommendations and Review of Evidence. http://jada.ada.org/article/S000 2-8177(14)64584-0/abstract

Application of Sealants Through School-Based Sealant Programs Decreases Dental Caries Prevalence http://www.jebdp.com/article/S1 532-3382(10)00242-3/abstract

CDC – School-Based Dental Sealant Programs http://www.cdc.gov/oralhealth/dental\_sealant\_program/